# Transitions: Primary Care’s Role in Addiction Medicine

## Spring 2018

<table>
<thead>
<tr>
<th>Course Dates:</th>
<th>March 14, April 4, 11, 25, May 4</th>
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<tbody>
<tr>
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<td>Wednesdays, 6:00-8:00 PM</td>
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<tr>
<td>Maximum Students:</td>
<td>15</td>
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<td>Class Year:</td>
<td>MS1</td>
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<td>Course Director:</td>
<td>Danforth Lincoln, MD</td>
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<td>Assistant Professor of Family Medicine</td>
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<td>Assistant Course Director:</td>
<td>Sanketh Proddutur, MD</td>
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<td>FM Medical Education Fellow</td>
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<td>Volunteer Clinical Faculty of Family Medicine</td>
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<td>Contact Information:</td>
<td>Patti Zahnhausen, BA</td>
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<td>Education Coordinator—Family Medicine</td>
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<td>412-383-2248; <a href="mailto:zahnhausenpe@upmc.edu">zahnhausenpe@upmc.edu</a></td>
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<td>Registration:</td>
<td>Betsy Nero, Office of Medical Education</td>
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<td><a href="mailto:betsy@medschool.pitt.edu">betsy@medschool.pitt.edu</a></td>
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### Description:
This 5 session Family Medicine Department sponsored mini-elective will demonstrate how primary care providers, social workers, and other healthcare providers treat patients with addiction after a transition. The mini-elective sessions will consist of panel sessions, presentation sessions, and a tour of the Allegheny County Jail and its infirmary. Sessions will focus on how patients transition to and from points of care and how providers can work to improve care for this population in the community health setting.

### Course Objectives:
- Gain a perspective of how adolescent and adult patients enter various facilities
- What patients experience in these various programs
- What the provider’s role is in helping patients transition between points of care
- How providers manage substance use disorder/addiction treatment following transitions

### Requirements:
- Actively participate in all 5 course sessions
- Complete any advance reading assignments

### Pre-Requisites:
None
COURSE OUTLINE

Transitions: Primary Care’s Role in Addiction Medicine

Course Director:
Danforth Lincoln, MD
412-422-9520
lincolndn@upmc.edu

Course Objectives:
- Gain a perspective of how adolescent and adult patients enter various facilities
- What patients experience in these various programs
- What the provider’s role is in helping patients transition between points of care
- How providers manage substance use disorder/addiction treatment following transitions

Locations:
Sessions 1-3: Scaife Hall Rooms 504 & 505
Session 4: Allegheny County Jail training room
Session 5: Allegheny County Jail Tour
Times – 6:00-8:00 PM

Session One – March 14, 2018
Introduction to Addiction in Primary Care
Students will receive an overview of medication assisted treatment for opioid use disorder. This will be followed by a panel discussion and Q+A of primary care providers who have created/are currently running addiction treatment programs in their communities.
- List Medication Assisted Treatment options for opioid use disorder
- Review patients appropriate for primary care management and when PCPs would consider referral to higher levels of care
- Discuss challenges with starting programs for addiction treatment

Session Two – April 4, 2018
Transition in Care
Students will review approaches to finding resources and making referrals for patients, followed by a panel discussion and Q+A with providers and directors from various community-based and hospital-based treatment programs.
Panelists: Staff from Sojourner House, POWER, WPIC, and Naomi Ziegler from the Dept. of Family Medicine to speak about her experience working for a halfway house.
- To provide students with an overview of various community-based treatment programs and how patients transition to and from points of care
- To provide students with an awareness of different addiction treatment models

Session Three – April 11, 2018
Transitions in Women’s Health
Students will review evidence-based literature regarding medication assisted treatment for pregnant women. Presenters will provide an overview of best practices for treating addiction in pre- and postpartum patients.
- To provide students with an overview of barriers/concerns faced by women in receiving addiction treatment in the perinatal period

Session Four – April 25, 2018
Addiction and Medical Treatment for Incarcerated Individuals
Presentation at the Allegheny County Jail from the Deputy Health Services Administrator, correctional staff, and an infirmary physician regarding healthcare and addiction treatment in the jail system. We will meet at the Allegheny County Jail in one of their training rooms.
To provide an understanding of how jail administration, correctional officers, and infirmary personnel work together to provide inmates with addiction/medical care and counseling during their incarceration, and to prepare them for their transition back into community life.
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Session Five – May 4, 2018
Tour of the Allegheny County Jail & Infirmary
We will take a group tour of the jail facility and infirmary, followed by conversation with one or more inmates. Dr. Bernard Bernacki and his colleagues will give a brief introduction of addiction statistics and information, followed by a tour of various sections of the facility.

- To familiarize students with the intake process and living conditions within a jail
- To give students the opportunity to speak with infirmary personnel about medical treatment methods
- To give students the opportunity to speak directly with one or more inmates - hearing about their background and past/present treatment, and asking questions to gain insight into how best to help them transition back into the community upon release