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## Kids Really Don't Bite (At Least Most of the Time)!

### Mini-Elective

### Spring 2009

|                             |  |
|-----------------------------|--|
| <u>Course Dates:</u>        | March 26, April 9, April 30 and last date TBD based on student's schedule<br>Thursdays, 2:00-4:00 PM |
| <u>Maximum Students:</u>    | 6  |
| <u>Class Year:</u>          | MS1  |
| <u>Course Director:</u>     | Victoria Yann, MS Ed., Health Career Coordinator<br>SW Pennsylvania Area Health Education Center     |
| <u>Contact Information:</u> | Victoria Yann, MS Ed.<br>412-363-0185, Ext. 30<br>vyann@southwestahec.org                            |
| <u>Registration:</u>        | Betsy Nero, Office of Medical Education<br>betsy@medschool.pitt.edu                                  |

#### Description:

Many medical students express a desire to do community service with their focus primarily on teaching public health/health related topics to students in local schools; however, many students hesitate to do so because of perhaps fearing the unknown (Let's face it...working with kids can be scary!), the perceived lack of time, or limited of knowledge on how to connect with opportunities. As a physician, you WILL BE/ARE an educator to your patients, to your staff, and to your colleagues. Together we will explore what goes into teaching, how to work with young students, and how not to embarrass your own child when you present at their school's Career Day. The three classroom-based sessions will be conducted in a small group discussion format, with brief topic presentations by the faculty. The fourth session will be an opportunity for each participant to present to students at a local school.

The goals of this course are:

1. To "demystify" the process of teaching as a community service.
2. To help prepare service minded medical students to plan and present lessons to students at the elementary, middle, or even high school level.
3. To connect medical students with resources to perform their community service plans.

#### Objectives:

The student will be able to:

- Plan for Instruction
- Set Objectives
- Write Lesson Plans
- Teach a lesson
- Locate topic and educational resources

#### Requirements:

- Participate in all class sessions
- Complete internet research for lesson topic and prepare a lesson (Time commitment – approximately 2-3 hours)

**Course Outline:**  
**Kids Really Don't Bite (At Least Most of the Time)!**

**Course Director:**  
Victoria Yann, MS Ed., Health Career Coordinator  
SW Pennsylvania Area Health Education Center

**Faculty:**  
Ann McGaffey, MD, Family Medicine Residency Program, UPMC St. Margaret

- Course Objectives:**  
The student will be able to:
- Plan for instruction
  - Set objectives
  - Write lesson plans
  - Teach a lesson
  - Locate topic and educational resources

**Locations:**  
As noted in session descriptions—  
Scaife Hall— Room 464A , or  
Bloomfield Garfield Family Health Center  
5475 Penn Ave., Pittsburgh, PA 15206

**Session One — March 26, 2009**  
**“Intro to Teaching the Rug Rats”**  
**Victoria Yann, MS Ed.**  
**Location: Scaife Hall, Room 464A**

- Learning Styles
- Writing objectives
- Planning your lesson
- Disciplining Students – What is your role?

**Session Two – April 9, 2009**  
**“Teaching the Tough Subjects – Puberty and Sex Ed”**  
**Ann McGaffey, MD**  
**Location: Bloomfield Garfield Family Health Center**

- Development of the curriculum
- Gaining acceptance in public schools
- The presentation, the books, the activities done in class
- Questions that 5th graders ask
- Resources

**Session Three – April 30, 2009**  
**“Putting it All Together”**  
**Victoria Yann, MS Ed.**  
**Location: Scaife Hall, Room 464A**

- Students will bring lesson topics to discuss and troubleshoot with classmates
- Write objectives for and design a 35-minute lesson
- Practice your lesson

**Session Four – Date to be determined based on students' schedules**  
Medical students will arrange to teach a lesson at a local school. Time, place and date to be determined based on individual student schedules. The lesson to be taught may take place any time after March 26.