### Pastoral Care in Medicine
**Mini-Elective**
**Spring 2008**

<table>
<thead>
<tr>
<th><strong>Course Dates:</strong></th>
<th>March 31, April 14, 21 and 28 Mondays, 1:00-3:00 PM (except April 21, 2:00-4:00 PM)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Maximum Students:</strong></td>
<td>4</td>
</tr>
<tr>
<td><strong>Class Year:</strong></td>
<td>MS1</td>
</tr>
<tr>
<td><strong>Course Director:</strong></td>
<td>Rabbi Larry Heimer, D Min, BCC Manager, UPMC Presbyterian/Montefiore Dept. of Pastoral Care</td>
</tr>
<tr>
<td><strong>Faculty:</strong></td>
<td>Rabbi Larry Heimer</td>
</tr>
<tr>
<td><strong>Contact Information:</strong></td>
<td>Rabbi Larry Heimer <a href="mailto:heimerls@upmc.edu">heimerls@upmc.edu</a> 412-648-6227</td>
</tr>
<tr>
<td><strong>Registration:</strong></td>
<td>Betsy Nero, Office of Medical Education <a href="mailto:betsy@medschool.pitt.edu">betsy@medschool.pitt.edu</a></td>
</tr>
</tbody>
</table>

**Description:**
Patients conceptualize health and illness in a multitude of ways, often incorporating their spiritual or religious beliefs into their understanding of processes that are largely outside their own control. Therefore, religion may be called on to play a role in physical and emotional healing, and hospital chaplains of many denominations facilitate this process.

The course will include small group discussions and shadowing sessions with chaplains at UPMC Presbyterian and UPMC Montefiore. 4 chaplains and 4 students will be participating. It is anticipated that each student will shadow 2 chaplains of different denominations and that all will discuss their experiences at the final session.

**Objectives:**
- To expose medical students to the role of hospital chaplains in healing, the variety of manners in which patients incorporate religious beliefs into their understanding of health and illness.
- To provide exposure to patients and practitioners of multiple religious denominations (including Roman Catholic, Protestant, and Jewish, among others) via small group discussion, reading, and shadowing experiences.

**Requirements:**
Active participation in all sessions.
Brief reading assignments as preparation for Sessions 1 and 4.
Course Outline

Pastoral Care in Medicine

Course Director:
Rabbi Larry Heimer, D Min, BCC
Manager, UPMC Presbyterian/Montefiore Dept. of Pastoral Care

Course Objectives:
• To expose medical students to the role of hospital chaplains in healing, the variety of manners in which patients incorporate religious beliefs in to their understanding of health and illness.
• To provide exposure to patients and practitioners of multiple religious denominations (including Roman Catholic, Protestant, and Jewish, among others) via small group discussion, reading, and shadowing experiences.

Location:
Session 1 and 4—Scaife Hall, Room 351
Session 2 and 3—Montefiore Information Desk, 7 Main

Session 1 - Monday, March 31, 1 PM – 3 PM
Introduction to Pastoral Care
Scaife Hall, Room 351
• Introduction by Rabbi Heimer and panel of chaplains
• Role of hospital chaplains; when and how to request a pastoral care consult; potential obstacles to utilization of pastoral care services
• Discuss reading assignment

Session 2 - **Monday, April 14, 1 PM – 3 PM
Shadowing Session 1
Meet at Montefiore Information Desk, 7 Main
• Shadow Chaplain 1

Session 3 - **Monday, April 21, 2 PM – 4 PM (note time change for this session)
Shadowing Session 2
Meet at Montefiore Information Desk, 7 Main
• Shadow Chaplain 2

Session 4 - Monday, April 28, 1 PM – 3 PM
Integrating Learnings
Scaife Hall, Room 351
• Recap, discuss individual experiences
• Discuss Reading 2
• Closure and feedback

**Schedule Note:
Students may make alternative arrangements regarding day and time for scheduling their shadowing experiences. However, shadowing experiences must be completed before Session 4. Please contact Rabbi Heimer for additional information on alternative scheduling.

Readings:
The reading assignment for Session 1 will be distributed to student mailboxes during the week prior to the start of the course. The second reading assignment will be distributed during the course.

Requirements:
• Active participation in all sessions.
• Brief reading assignments as preparation for sessions 1 and 4.
• Professional attire is required for Sessions 2 and 3 which will involve patient contact. White coats should not be worn. Professional attire is highly recommended for Sessions 1 and 4, so that students may be included in any spontaneous patient encounters that may occur.