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Intimate Partner Violence: Introductory IPV Education for Medical Students Personal Enrichment Course Spring 2021

<u>Course Dates:</u>	Dates: Jan. 5, 12, 26, and Feb. 2 (6-8PM)
<u>Maximum Students:</u>	20
<u>Class Year:</u>	MS1 and MS2
<u>Course Director:</u>	Raquel A. Buranosky, MD, MPH Professor of Medicine Assistant Dean for Clinical Education, University of Pittsburgh School of Medicine Medical Director, Pittsburgh Women's Center Clinic
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Description:

This four session mini-elective course is designed to give medical students a fundamental understanding of intimate partner violence (IPV) and develop screening, interviewing, and safety planning skills. This course is designed to be interactive – including short lectures, demonstrations, and hands-on practice with mock interviews. IPV is defined as violence occurring between two individuals in a close relationship. It is a pattern of coercive control including physical abuse, sexual abuse, reproductive coercion, emotional abuse, financial control, intimidation, and isolation from friends and family. IPV affects millions of individuals worldwide, is one of the leading causes of injury women, and affects women of all ages, cultures, races, occupations, and income levels. The goal of this course is to break down stereotypes and misconceptions about IPV and increase student comfort in screening and counseling. The course will travel throughout a lifespan– focusing on three major categories of women that are affected by IPV: adolescents, pregnant women, and the elderly/disabled.

Courses will focus on:

- Awareness and understanding of IPV in each subpopulation (30 minutes)
- Demonstration illustrating screening techniques in each subpopulation (15 minutes)
- Skill-building Workshop (45 minutes)

Remember: it's never too late to intervene!

Course Objectives:

1. Awareness of who is affected by IPV and how to recognize and screen for IPV in any patient interaction.
2. To become more familiar with the resources available to victims of IPV and how to inform patients on how to access those resources.
3. To know and appreciate the importance of the general physical, emotional, and monetary considerations for each age group of women.
4. To identify ways that culture and socioeconomic status may affect the way that IPV presents itself in a certain population.
5. To practice screening for IPV and talking to women about safety planning.

Requirements:

Attend and participate in all 4 lecture/skill building workshops.

**COURSE OUTLINE:
INTIMATE PARTNER VIOLENCE: INTRODUCTORY IPV EDUCATION FOR MEDICAL STUDENTS**

Dates:

**January 5, 12, 26, and February 2
6:00-8:00 PM**

Location:

Remote Via ZOOM

Course Director:

Raquel A. Buranosky, MD, MPH
Professor of Medicine

Assistant Dean for Clinical Education, University of Pittsburgh School of Medicine
Medical Director, Pittsburgh Women's Center Clinic

Session 1: *What it's like to be me.*

1/5—Raquel Buranosky, MD, MPH

The first session is designed to introduce students to the classic power and control relationship that defines IPV. What types of women get abused? What types of men batter women? Why can't women just leave if the relationship is hurtful? This session will focus on the lives of women who are stuck in an abusive relationship. We will explore how the abusive relationship is detrimental to her health and how she decides to leave her partner. This session will contain an interactive game called "Staying and Leaving" that will highlight why some women stay with their abusers, why some women leave their abusers, and even why some women keep returning to an abusive relationship after trying to leave. Importantly, we will discuss the role of the physician in screening for IPV and how to refer women to advocates. The structure of shelters and logistics of protection from abuse orders will be discussed.

Session 2: *Teen Dating Violence – Adolescents and Young Adults*

1/12—Liz Miller, MD, PhD

Session two will focus on teen dating violence – including adolescent and young adult relationships. Today's youth are particularly at risk for electronic forms of abuse in addition to physical, emotional, and sexual abuse. Unhealthy relationships can start early and last for an entire lifetime making it important to identify young women in these unhealthy relationships. Educating young patients about healthy relationships and safe contraceptive options is an essential component of adolescent counseling. This session will focus on skill building techniques specific to counseling and screening adolescents for IPV.

Session 3: *IPV and Pregnancy*

1/26 Judy Chang, MD, MPH

This session will focus in on how IPV changes throughout the course of a pregnancy, including the months leading up to that pregnancy and those that follow. We will discuss how to screen for IPV in this unique population. Additionally, we will learn about the unique challenges faced by this population including things like negotiating birth control usage, and increased risk for unintended pregnancy and multiple abortions. We will role-play to practice screening and to practice informing the mother about unique risks IPV can impose on her pregnancy like increased risk for low birth weight infants, pre-term delivery, neonatal death, and reduced breast-feeding postpartum.

Session 4: *IPV in the Elderly and Disabled*

2/2—Peter Bulova, MD

The last session will concentrate on the elderly and disabled population. Caregiver stress is often viewed as a primary cause of this type of abuse of IPV among elderly couples or adult children with their elderly parents. However, is this really the case, or are the same dynamics of power and control that are so prevalent in all other IPV, also at play here? In this session we will also discuss the impact of disabilities on the power and control dynamic and how that affects a woman's risk for being in an abusive relationship. Again, we will focus on skill building techniques specific to counseling and screening the elderly and/or disabled for IPV.