

**BOOK AND SUPPLY LIST 1ST YEAR
UNIVERSITY OF PITTSBURGH SCHOOL OF MEDICINE**

**All book and supplies are recommended unless noted as required.

- Multi-course
 - Harrison's Principles of Internal Medicine, 19th edition
<http://pitt.idm.oclc.org/login?url=http://accessmedicine.mhmedical.com/book.aspx?bookid=1130>
 - Stedman's Medical Dictionary, 28th edition, available as App
<http://pitt.idm.oclc.org/login?url=http://online.statref.com/dictionaryhelp.aspx?type=dictionary&grpalias=UPHSLPIER&FxId=8>
- Patient, Physician, and Society Block Courses
 - Introduction to Being a Physician
 - **Required:** In Shock: My Journey from Death to Recovery and the Redemptive Power of Hope by Dr. Rana Awdish.
 - Make it Stick by Peter C. Brown. https://www.amazon.com/Make-Stick-Science-Successful-Learning/dp/0674729013/ref=sr_1_1?crid=13HYP1PI82116&keywords=Make+it+Stick&qid=1653495491&srefix=make+it+stick%2Caps%2C56&sr=8-1
 - Ethics, Law & Professionalism
 - A Primer for Health Care Ethics: Essays for a Pluralistic Society (2000) by Kevin O'Rourke
 - Behavioral Medicine
 - Wedding D, Stuber ML (eds). *Behavior and Medicine*, 5th edition, Hogrefe Publishing, Cambridge, 2010.
ISBN 10: [0889373752](#) / ISBN 13: [9780889373754](#)
 - Gold M, Kelly TM, Douaihy AB. *Motivational Interviewing: A Guide for Medical Trainees*. Oxford University Press: Oxford, 2014.
<http://web.b.ebscohost.com/ehost/detail/detail?sid=c02b8e6d-8270-4ae0-b94e-ae0142d3a5c3%40sessionmgr107&vid=0&hid=102&bdata=JkF1dGhUeXBIPWlwLHVpZCZzY29wZT1zaXRI#db=nlebk&AN=878371>

- Fundamentals of Medicine Block Courses

- Medical Anatomy

- Atlas of Human Anatomy, Frank Netter, 7th edition
<http://pitt.idm.oclc.org/login?url=https://www.clinicalkey.com/dura/browse/bookChapter/3-s2.0-C20140050319>
 - Anatomy: A Photographic Atlas, Rohen, Yokochi, Lutjen-Dreoll, 8th edition
<https://ebookcentral.proquest.com/lib/pitt-ebooks/detail.action?docID=4794178>
 - Grant's Dissector (17th edition) Alan J. Detton, Wolters Kluwer, 2021
<https://medstudentscorner.com/grants-dissector-book-16th-edition-free-pdf-download/>
 - Clinically Oriented Anatomy (8th edition). K.L. Moore, A.F. Dalley, and A.M.R. Augur. Lippincott, Williams, and Wilkins, 2018.
 - Gray's Anatomy for Students (4th edition). R.L. Drake, A.W. Vogl, and A.W.M. Mitchell. Elsevier Inc, 2020.
 - Langman's Medical Embryology (13th edition). T.W. Sadler. Wolters Kluwer, 2015.
 - **Supplies:** lab coat or scrubs

- Pharmacology

- Goodman and Gilman's The Pharmacological Basis of Therapeutics, 13th edition: <https://accessmedicine.mhmedical.com/book.aspx?bookid=2189>
 - Basic and Clinical Pharmacology, 15th edition: <https://accessmedicine.mhmedical.com/Book.aspx?bookid=2988>
 - Lippincott Illustrated Reviews: Pharmacology, 7th edition by Karen Whallen.

- Fuel Metabolism

- Lippincott's Illustrated Reviews: Biochemistry, 7th edition by Karen Whallen

- Human Genetics

- Thompson and Thompson, Genetics in Medicine, 7th or 8th edition
<http://pitt.idm.oclc.org/login?url=https://www.clinicalkey.com/dura/browse/bookChapter/3-s2.0-B9781416030805X50019>

- Tissue in Health and Disease
 - Robbins and Cotran, Pathologic Basis of Disease, 10th edition
<https://www-clinicalkey-com.pitt.idm.oclc.org/#!/browse/book/3-s2.0-C20160040871>
 - Alberts et al., Molecular Biology of the Cell, 5th or 6th edition
 - Immunology in Health and Disease
 - Abbas, Basic Immunology: Functions and Disorders of the Immune System, 6th edition, 2020
[Ebook: https://www.clinicalkey.com/#!/browse/book/3-s2.0-C20160052403](https://www.clinicalkey.com/#!/browse/book/3-s2.0-C20160052403)
 - Primer on the Rheumatic Diseases (Klippel; Paperback) 13th edition by editors John H. Klippel, John H. Stone, Leslie J. Crofford, and Patience H. White
 - Medical Microbiology
 - Schaecter's Mechanisms of Microbial Disease, 6th edition
 Authors: N. Cary Engeberg, T. Dermody, V. DiRita
 ISBN-13 : 978-1975151485
 - Introduction to Patient Care Block Courses
 - Medical Interviewing
 - The Medical Interview: Mastering Skills for Clinical Practice, 5th edition
<http://pitt.idm.oclc.org/login?url=http://online.statref.com/Document.aspx?grpalias=UPHSLPIER&FxId=245>
 - Introductory and Advanced Physical Examination
 - **Required:** Lynne S. Bickley, Peter Szilagy, Richard Hoffman. Bates' Guide to Physical Examination and History Taking. 13th Edition. Wolters Kluwer/Lippincott Williams & Wilkins.
 ISBN-13: 978-1496398178
 ISBN-10: 1496398173
 - Steven McGee. Evidence-Based Physical Diagnosis. 5th Edition. Elsevier. 2018.
 - Supplies
- Required (used in IPE & APE)***
1. Stethoscope (provided by the Medical Alumni Association)

2. Reflex hammer
3. 128hz tuning fork and 512hz tuning fork
4. Otoscope
5. Sphygmomanometer

Optional

1. Penlight
2. Ophthalmoscope
3. Insufflator bulb

Please know that the below link and options listed are provided for your reference and convenience only and you are free to purchase your equipment from wherever you would like and whatever brand you would like. The Steele Supply Company is simply one reputable option and provide an excellent warranty policy.

<https://www.steeles.com/products/upsom>

- Evidence and Discover Block Courses
 - Evidence-Based Medicine-Fundamentals
 - Glaser AN. High-Yield Biostatistics, Epidemiology, and Public Health. Wolters Kluwer Health; 2013. (High-Yield Series).
 - Evidence-Based Medicine-Applied
 - Glantz, Primer of Biostatistics, 7th edition
<https://accessanesthesiology.mhmedical.com/book.aspx?bookID=665>
- Organ Systems Pathophysiology Block Courses
 - Neuroscience
 - Blumenfeld, Hal. Neuroanatomy through Clinical Cases, 3rd edition
 Sinauer Associates is an imprint of Oxford University Press; 3rd edition (February 28, 2021) ISBN-13: 978-1605359625 and ISBN-10: 1605359629
 - Martin, Neuroanatomy Text and Atlas, 4th edition
 - Clinical Neuroanatomy, Waxman 29th ed. <https://accessmedicine-mhmedical-com.pitt.idm.oclc.org/book.aspx?bookID=2850>
 - Clinical Neurology, Simon, Aminoff, and Greenberg, 10th edition
<https://accessmedicine-mhmedical-com.pitt.idm.oclc.org/book.aspx?bookID=2274>
 - Clinical Neuroanatomy: A Case-Based Approach, Gould and Patino, 2019
https://medone-education-thieme-com.pitt.idm.oclc.org/ebooks/2482966#/ebook_2482966_SL92864763
 - Cranial nerves: Anatomy and Clinical Comments by Linda Wilson Pauwels

- Introduction to Psychiatry

- Andreasen and Black, Introductory Textbook of Psychiatry, 7th edition

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Direct: <https://pitt.idm.oclc.org/login?url=https://psychiatryonline.org/doi/book/10.1176/appi.books.9781615373758>