This is an assembled list of recommended therapists in Pittsburgh with specializations in **queer** and **racial/ethnic-centered practice**. These recommendations come from friends, colleagues, and our own therapists in Pittsburgh. By no means is this an exhaustive list, rather this is meant to be a succinct first pass to connect you to trusted therapists in the area.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Therapists** | **Contact Info** | **Organization/Practice** | **Specializations of note include:** | **Notes** |
| Darrell Phillips | 5889 Forbes Avenue, Suite 210  412-327-2189  phillipscounseling@gmail.com  <https://www.phillips-counseling.com/> | Phillips Counseling | Gender and sexuality, racial identity | **UPSOM associated therapist**  **Free/no co-pay** |
| DeMarquis Clarke | http://demarquisclarke.com/ | Center for Relational Change | Gender Identity, LGBTQ issues, **sexual abuse and trauma recovery**, racial and ethnic struggles | Offers individual therapy through private practice and facilitates group therapy |
| Shirley Salmon-Davis | 5889 Forbes Ave Suite 210 Pittsburgh, PA 15217 [(412) 693-6042](tel:+1-412-693-6042) | Davis Family Counseling | Gender identity, LGBTQ issues, **sexual abuse** | 20+ years of experience as a practicing psychotherapist |
| Matthew Reinhard | [mreinhart@alliespgh.org](mailto:mreinhart@alliespgh.org) | Allies for Health and Well-being | HIV/AIDS, LGBTQ issues | Does not require established care with Allies for Health; does not take Medicaid or see HIV- patients.  Sees HIV+ Patients |
| Andi Pilecki | 1900 Murray Avenue Suite 205 Pittsburgh, PA 15217 [(412) 253-2607](tel:+1-412-253-2607) | Andi Pilecki, LPC, LLC | Gender and sexuality, HIV/AIDS | 7 years of clinical therapist training and currently focused on psychoanalytic therapy |
| Neal Holmes | 460 Melwood Avenue Suite 200A Pittsburgh, PA 15213 [(412) 530-4360](tel:+1-412-530-4360) | Independent Practice | Race/ethnicity, men's issues, LGBTQIA+ & sex/gender identity | \*doesn’t take any insurance as of 08/2020, but offers sliding scale costs |

\*Please confirm prior to your first appointment if your health insurance is accepted.

**Queer-centric health organizations in Pittsburgh**

1. <https://alliespgh.org/>
2. <https://www.centraloutreach.com/?gclid=CjwKCAjwyo36BRAXEiwA24CwGQ3IgZXQy69L4FpYaiP4u5HZUpqCOXS6SI-Mr0zexAFCqyLx_b1WeBoCDcwQAvD_BwE>

* Psychiatrist (Tamar Carmel, MD), licensed counselor (Denise Haggerty, PhD/LPC), and licensed social worker (Lisa Stone, LCSW)
* You need to have established care with Central outreach to access these resources
* “We accept major insurance and we offer a sliding scale fee system for those who are uninsured.”
* Currently at capacity with a waitlist, however, might be worth it to have in your back pocket as time goes on

1. <https://www.persadcenter.org/counseling>
2. <https://metrocommunityhealthcenter.org/integrated-mental-health-clinic/>