

University of Pittsburgh Flex Week Proposals – 2024

Title: Rural Medicine Experience

Dates: February 26 – March 1, 2024

Location: Williamsport, PA hosted by the UPMC Williamsport Family Medicine Residency

Housing: Located in the Resident Resource Center in UPMC Williamsport

Food: Complementary from the UPMC Williamsport FM Residency

of Students: Maximum 5 students

Supervisor: Dr. John Boll and Dr. Luan Pham

Contact: Kristen Tubbs - tubbskl@upmc.edu & Dr. John Boll – bolljn@upmc.edu

Cost: Transport to and from Williamsport, PA

Objectives:

1. Experience rural medicine in several different specialties (examples: family medicine, obstetrics and gynecology, telemedicine, pediatrics) and locations (EMS, telemedicine, home visit, mobile clinic, and office/hospital setting).
2. Discuss topics pertinent to rural medicine including rural medical competencies, rural health disparities, and working in areas of scarcity and resource restriction.
3. Review tools to thrive and have joy in medicine in a rural, medically underserved community.

Brief Description of the Rural Medicine Experience:

Rural medicine can be an extremely rewarding career. Primary care and specialist physicians all have unique aspects to care in medically underserved rural communities. To show what is unique about rural care, this experience is designed to have medical students perform shadowing with specialists and novel healthcare delivery systems from different areas UPMC Williamsport. Each day, students will also have a focused learning time to discuss unique topics related to rural medicine – procedures, rural competencies, telemedicine, underserved care, to name a few of the ideas.

Proposed Schedule: (not finalized and could possibly change)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Travel to Williamsport	Travel with EMS/Paramedics – rotate 2 or 3	Amish Community – Whole Group	Mobile Clinic – River Valley Health Dental – whole group?	Specialty-FM, Peds, Ob/Gyn, etc – rotate 2 or 3	Telemedicine – rotate 2 or 3	Travel to Pittsburgh