

## Flex Week Proposal:

<b>Title</b>	Taking Better Care of Patients with Disabilities	
<b>Experience Category</b>	<b>Clinical shadowing</b> Research-related Community Service	Professional Enrichment Courses (PECs) <b>Professional Development</b> Wellness
	Other:	
<b>Goal</b>	To give students the much needed exposure to working with patients with disabilities. The best way to begin to understand how to most effectively provide medical care to this patient population is to have the direct experience of working with them. This flex week offering will be a great opportunity for students early on in their medical careers to develop an awareness of how to provide better care to patients with disabilities.	
<b>Brief Description</b>	Students will be exposed to patients with disabilities through various settings, including the Adult and Pediatric Down Syndrome clinics and the Center for Women with Disabilities located within UPMC Magee-Womens Hospital. Additionally, students will be able to discover and discuss social and historical aspects of medical care for patients with disabilities.	
<b>Student/ Faculty Organizer</b>	<p>Sean C. Sweat          Pitt MD/PhD – G2  <a href="mailto:ses265@pitt.edu">ses265@pitt.edu</a></p> <p>Dr. John Harris, MD          Assistant Professor, Department of Obstetrics, Gynecology &amp; Reproductive Sciences  <a href="mailto:harrisja@upmc.edu">harrisja@upmc.edu</a></p> <p>Dr. Peter Bulova, MD          Professor of General Internal Medicine  <a href="mailto:bulovapd@upmc.edu">bulovapd@upmc.edu</a></p> <p>Dr. Kristen Ann Ehrenberger, MD, PhD (History)          Assistant Professor, General Internal Medicine &amp; Pediatrics  <a href="mailto:ehrenbergerka@upmc.edu">ehrenbergerka@upmc.edu</a></p> <p>Dr. Kishore Vellody, MD          Professor of Pediatrics</p>	

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<b>Admin Coordinator (contact info)</b>	<p>Dr. Harris Admin: Margaret Payne 412-641-8053 <a href="mailto:Robimc2@upmc.edu">Robimc2@upmc.edu</a></p> <p>Dr. Bulova Admin: Heather Shiwarski <a href="mailto:shiwarskihe@upmc.edu">shiwarskihe@upmc.edu</a></p> <p>Dr. Vellody Admin: Erin Kelly <a href="mailto:kellyek@upmc.edu">kellyek@upmc.edu</a></p>
<b>Department</b>	
<b>Capacity (# students)</b>	<p>Adult Down Syndrome Clinic: 1 student Pediatric Down Syndrome Clinic: 1 student Center for Women with Disabilities: 2 students (half day each)</p>
<b>Location</b>	
<b>Reporting Info</b>	

Week	Start Date (Mon)	End Date (Fri)	Available?
5	Tue 9/5/23	9/8/23	
12	Mon PM 10/23/23	10/27/23	X
26	1/29/24	2/2/24	X
30	2/26/24	3/1/24	X
59	9/16/24	9/20/24	X

	MON	TUE	WED	THU	FRI
<b>AM</b>	Dr. Ehrenberger – “Watch Your Language” Discussion (Material to be reviewed before: Why We Say 'Disability,' Not 'Special Needs' Article) - Montefiore 9W 921, 11am-12pm	Dr. Bulova Adult Down Syndrome – Montefiore Hospital	Independent study: Read <i>Hole in the Heart: Bringing Up Beth</i> , the graphic novel by Henny Beaumont (HSLs Reserves or purchase a copy)		Center for Women with Disabilities w/ Dr. Harris or Certified Nurse Midwife Julie McKechnie (AM session) – Magee-Women’s Hospital
<b>PM</b>	Oct. 23 ONLY: “Watch Your Language” will take place from 2:15-3:15pm	Dr. Vellody Pediatric Down Syndrome – Children’s Hospital (Material to be reviewed before: Medical History of Down Syndrome Podcast)		Dr. Ehrengerger “Disabled Girls Bleed, Too” Recording	Center for Women with Disabilities w/ Dr. Harris or Certified Nurse Midwife Julie McKechnie (PM session) – Magee-Women’s Hospital

Material Links:

Karin Willison, “Why We Say 'Disability,' Not 'Special Needs,’” *The Mighty* (23 July 2023), <https://themighty.com/topic/disability/disability-not-special-needs-tme/>.

Henny Beaumont, *Hole in the Heart: Bringing Up Beth* (Penn State University Press, 2016), <https://www.psupress.org/books/titles/978-0-271-07740-6.html>. Available for purchase on your own or to check out from the HSLs Course Reserves - Main Desk - 200 Scaife Hall (RC571 .B43 2016).

Kristen Ehrenberger and Vishore Vellodym “Episode #91: Medical History of Down Syndrome,” *Down Syndrome Center Podcast* (4 January 2021), <https://downsyndromecenter.libsyn.com/dsc/91-medical-history-of-down-syndrome-with-dr-kristen-ehrenberger-md-phd>.

<p><b>Schedule splitting:</b></p> <p><b>Would it be possible for students to take SOME of the weekly schedule (e.g., just mornings or just a few half-days), or would you prefer that a student take the schedule in its entirety?</b></p>	<p><b>Partial OK</b></p> <p>Full required</p>
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