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Transitions: Primary Care's Role in Addiction Medicine Spring 2020

<u>Course Dates:</u>	April 2, 9, 23, 30, May 7 Thursdays, 6:00-8:00 PM
<u>Maximum Students:</u>	15
<u>Class Year:</u>	MS1
<u>Course Director:</u>	Danforth Lincoln, MD Assistant Professor of Family Medicine
<u>Assistant Course Director:</u>	Jonathan Han, MD Nil Das, MD
<u>Contact Information:</u>	Patti Zahnhausen, BA Education Coordinator—Family Medicine 412-383-2248; zahnhausenpe@upmc.edu
<u>Registration:</u>	Betsy Nero, Office of Medical Education betsy@medschool.pitt.edu

Description:

This 5 session Family Medicine Department sponsored mini-elective will demonstrate how primary care providers, social workers, and other healthcare providers treat patients with addiction after a transition. The mini-elective sessions will consist of panel sessions, presentation sessions, and a tour of the Allegheny County Jail and its infirmary. Sessions will focus on how patients transition to and from points of care and how providers can work to improve care for this population in the community health setting.

Course Objectives:

- Gain a perspective of how adolescent and adult patients enter various facilities
- What patients experience in these various programs
- What the provider's role is in helping patients transition between points of care
- How providers manage substance use disorder/addiction treatment following transitions

Requirements:

- Actively participate in all 5 course sessions
- Complete any advance reading assignments

Pre-Requisites:

None

COURSE OUTLINE

Transitions: Primary Care's Role in Addiction Medicine

Course Director:

Danforth Lincoln, MD
412-422-9520
lincolndn@upmc.edu

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Locations:

Sessions 1 & 3: FM Dept. Conference Room, 4420 Bayard Street, Suite 520
Sessions 2 & 4: Scaife Hall Rooms TBD
Session 5: Allegheny County Jail Tour
Times – 6:00-8:00 PM

Session One – April 2, 2020 (FM Conference Room – 6-8pm)

Introduction to Addiction in Primary Care

Dr. Jonathan Han, Dr. Danforth Lincoln, Dr. Amanda Casagrande, Dr. Jonathan Yadlosky

Students will receive an overview of medication assisted treatment for opioid use disorder. This will be followed by a panel discussion and Q+A of primary care providers who have created/are currently running addiction treatment programs in their communities.

- List Medication Assisted Treatment options for opioid use disorder
- Review patients appropriate for primary care management and when PCPs would consider referral to higher levels of care
- Discuss challenges with starting programs for addiction treatment

Session Two – April 9, 2020 ([Scaife 460 A&B – 6-8pm](#))

Transition in Care

POWER – Leslie Slagel PhD, LPC and Rosa Davis MSW, ACSW

Sojourner House – Joann Cyganovich

FM Dept. – Naomi Ziegler

Students will review approaches to finding resources and making referrals for patients, followed by a panel discussion and Q+A with providers and directors from various community-based and hospital-based treatment programs.

Panelists: Staff from Sojourner House, POWER, and Naomi Ziegler from the Dept. of Family Medicine to speak about her experience working for a halfway house.

- To provide students with an overview of various community-based treatment programs and how patients transition to and from points of care

- To provide students with an awareness of different addiction treatment models

Session Three – April 23, 2020 (FM Conference Room – 6-8pm)

Addiction and Medical Treatment for Incarcerated Individuals

Laura Williams LPC, NCC (Chief Deputy Warden of Healthcare Services)

Presentation from the Allegheny County Jail's Deputy Warden of Healthcare Services regarding healthcare and addiction treatment in the jail system.

- To provide an understanding of how jail administration, correctional officers, and infirmary personnel work together to provide inmates with addiction/medical care and counseling during their incarceration, and to prepare them for their transition back into community life

Session Four – April 30, 2020 (Scaife 460 A&B – 6-8pm)

Transitions in Women's Health

Stacy Freeman-Pistella MA, LSW and Stephanie Bobby MSN, RN (Peer Navigators)

Students will review evidence-based literature regarding medication assisted treatment for pregnant women. Presenters will provide an overview of best practices for treating addiction in pre- and postpartum patients.

- To provide students with an overview of barriers/concerns faced by women in receiving addiction treatment in the perinatal period

Session Five – May 7, 2020
Tour of the Allegheny County Jail & Infirmary
Don Stechschulte, Jr. MD

We will take a group tour of the jail facility and infirmary, followed by conversation with one or more inmates. Dr. Don Stechschulte and security personnel will give a brief introduction of addiction statistics and information, followed by a tour of various sections of the facility.

To familiarize students with the intake process and living conditions within a jail

To give students the opportunity to speak with infirmary personnel about medical treatment methods

To give students the opportunity to speak directly with one or more inmates - hearing about their background and past/present treatment, and asking questions to gain insight into how best to help them transition back into the community upon release

Optional Session Six – May 14, 2020 (FM Conference Room – 6-8pm)

Bern Bernacki, MD + 4 patients

Dr. Bern Bernacki is a family medicine private practitioner whose clinical population includes a great many patients recovering from various forms of addiction. He is coming into Oakland from 6:00-8:00 PM for a special session – he'll be bringing several recovering addicts he is working with so you have the opportunity to hear their stories and ask them questions. This session will take place in the Family Medicine Dept. conference room at 4420 Bayard Street. Please consider attending this additional, exciting session!